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Agregometrie a polytrauma

Pavel Sedlák ČSIM, BRNO 2018



- Antiagregancia jsou součástí komplexní primární i sekundární prevence KV a CM příhod
- Rostoucí spektrum léčiv
- Široké indikační spektrum
- Primárně pacienti s významnou komorbiditou (ICHs, CMP)



**Můj pacient má těžké trauma
a užívá antiagregancia
co s tím ?**



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Bundesärztekammer
(German Medical Association)

**Cross-Sectional Guidelines for
Therapy with Blood Components
and Plasma Derivatives**

Published by: Executive Committee of the German Medical
Association on the recommendation of the Scientific Advisory Board

4th revised and
updated edition
2014

Více podrobné než ESA

Revize 2014

I Angl. verze

www.bundesaerztekammer.de



- V současné době **nemáme** k dispozici data z velkých randomizovaných studií, která by určila, u kterých pacientů bychom měli antiagregační terapii ponechat a u kterých nikoliv.
- **Vysazování antiagregace** by mělo být zvažováno pouze **pokud rizika krvácení jednoznačně převyšují rizika vzniku aterotrombotické příhody**
- **Tedy výkony s velkou krvácivostí (TEP, op. Páteře) těžké krvácení, nebo krvácení v citlivé oblasti (NCH)**



Overview of retrospective studies on the effects of antiplatelet medication in patients with traumatic brain injury

Beynon *et al. Critical Care* 2012, 16:228

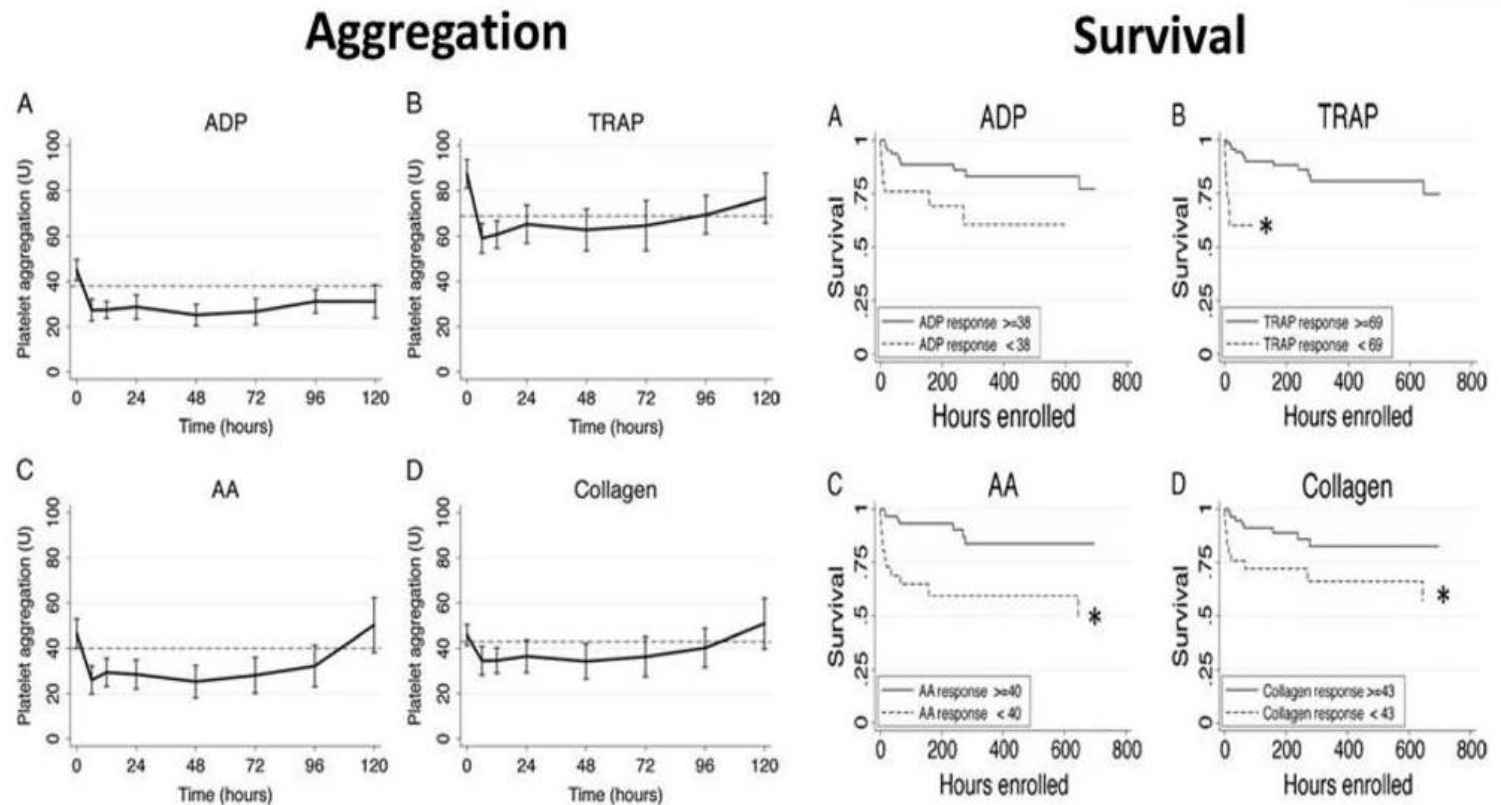
| Study | Inclusion criteria | Antiplatelet therapy | Number of subjects | Mortality rate | Major findings |
|----------------------------------|--------------------------------------|----------------------|--------------------|---|--|
| Mina <i>et al.</i> 2002 [20] | Posttraumatic ICH | Aspirin | 19 | 47% aspirin group; 8% control group | Mortality significantly increased with aspirin therapy. No difference in mortality rates between aspirin and warfarin treated patients |
| Spektor <i>et al.</i> 2003 [23] | Mild and moderate TBI, age >60 years | Aspirin (100 mg/day) | 110 | NR | Aspirin therapy had no effect on incidence of posttraumatic ICH after mild to moderate TBI |
| Ohm <i>et al.</i> 2005 [21] | Posttraumatic ICH | Aspirin, clopidogrel | 90 | 23% antiplatelet group; 8% control group | Mortality threefold increased with antiplatelet therapy. GCS <12 and age >76 years risk factors for death in patients on antiplatelet therapy |
| Jones <i>et al.</i> 2006 [24] | All TBI, age >50 years | Clopidogrel | 43 | 7% clopidogrel group | Clopidogrel-treated patients have higher rates of cranial surgery and episodes of rebleeds. More blood products were transfused in clopidogrel-treated patients |
| Wong <i>et al.</i> 2008 [25] | All TBI | Aspirin, clopidogrel | 111 | 14% clopidogrel group; 3% aspirin group | Clopidogrel-treated patients were more likely to be discharged to long-term inpatient facilities |
| Major <i>et al.</i> 2009 [22] | All TBI | Aspirin, clopidogrel | 287 | 1.4% aspirin group | Mortality rate 21% in patients on aspirin with posttraumatic ICH. Three of the four patients who died in the aspirin group deteriorated with a significant delay |
| Bonville <i>et al.</i> 2011 [26] | All TBI | Aspirin, clopidogrel | 271 | 12.3% aspirin group; 9.3% clopidogrel group | Use of antiplatelet agents did not affect mortality or length of hospital stay |



Characterization of platelet dysfunction after trauma

Kutcher, M. et al., Journal of Trauma and Acute Care Surgery 2012

n. 101 pt.



**10x vyšší mortalita u pac. s těžkým traumatem
se signifikantní dysfunkcí destiček**



Možnosti vyšetření

- ***Optická agregometrie (LTA-Light Transmission Aggregometry)***
- Považována za zlatý standard, ale náročná na čas (reálně jen POC metody)
- Obecně u všech metod nutná normální hl. fibrinogenu
- Závislost na koncentraci trombocytů (PLT limit do 50tis.)
- **Vhodné vyšetřit co nejdříve – před poklesem hl. trombocytů**
- **Výsledky jsou mezi laboratořemi obtížně srovnatelné pro chybějící standardizaci metody**



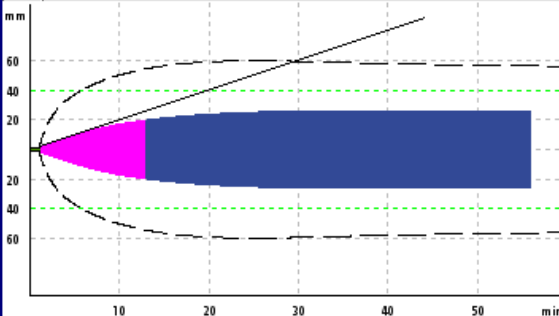
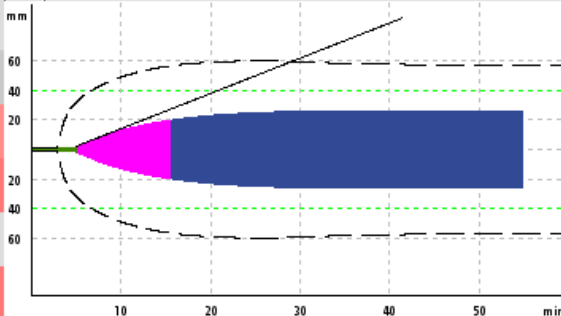
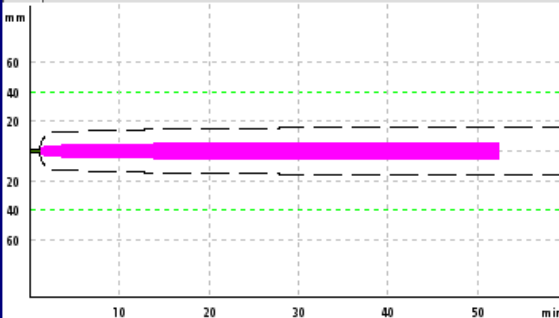
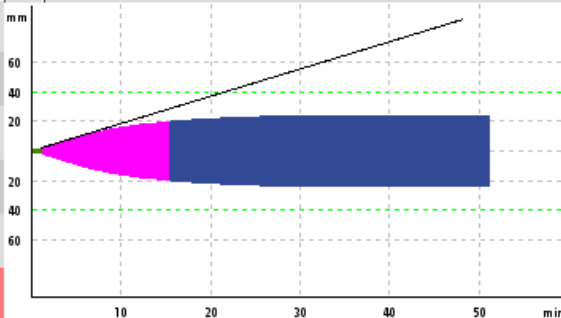
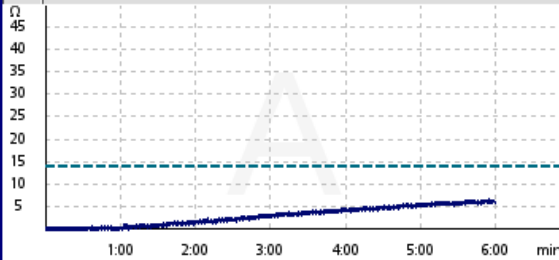
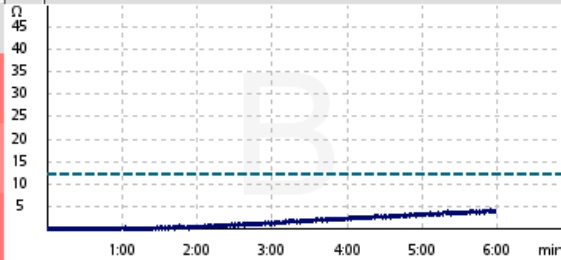
Možnosti vyšetření - POC metody

- ROTEM / s modulem PLATELET
- MULTIPLATE (ASA, ADP, GP IIb/IIIa)
- VERIFYNOW (ASA, ADP)
- *Test PFA-100 (Platelet Function Analyser-100)*

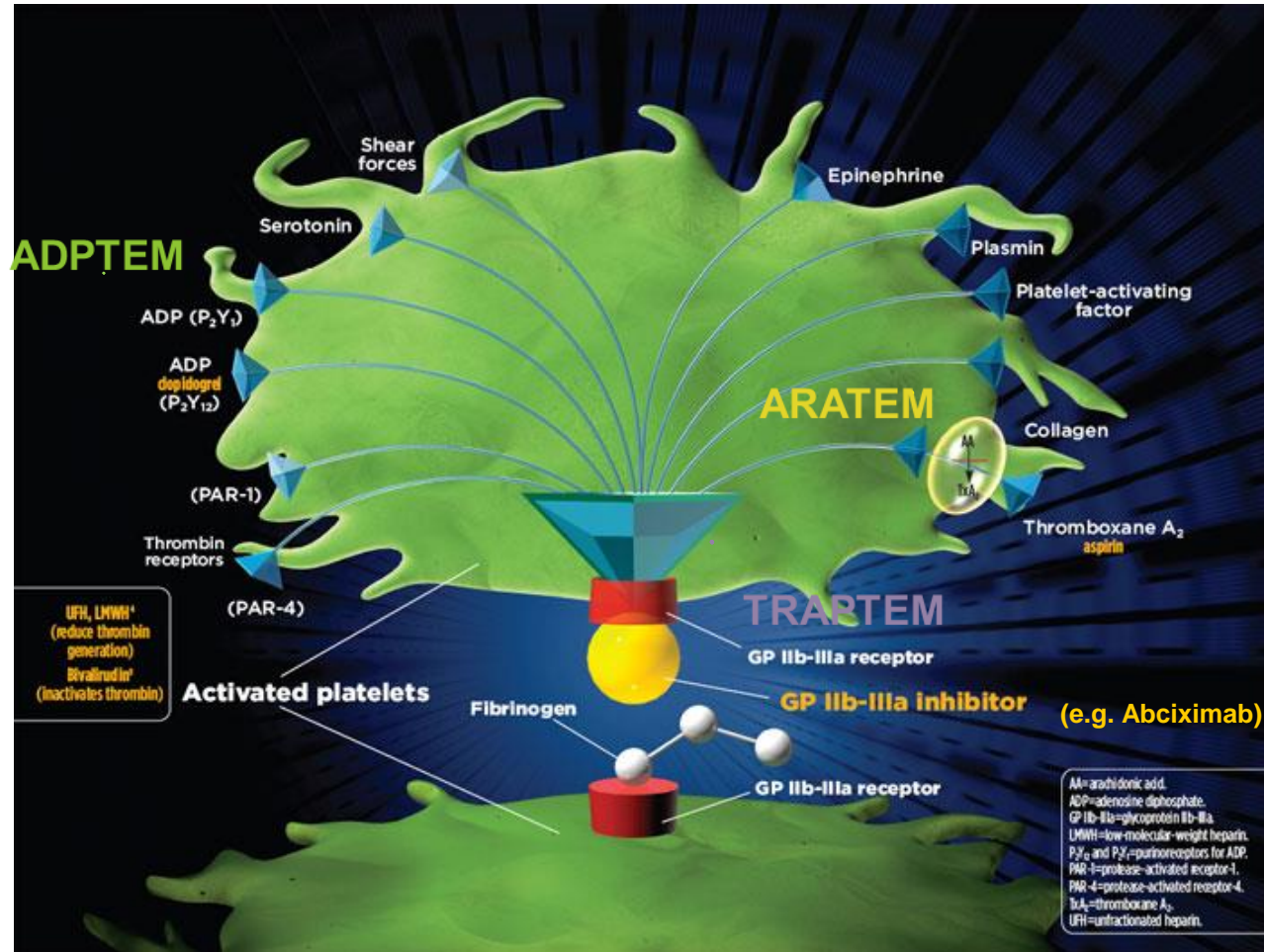
Agregometrie s modulem ROTEM[®] *platelet*



ROTEM® Measurement module

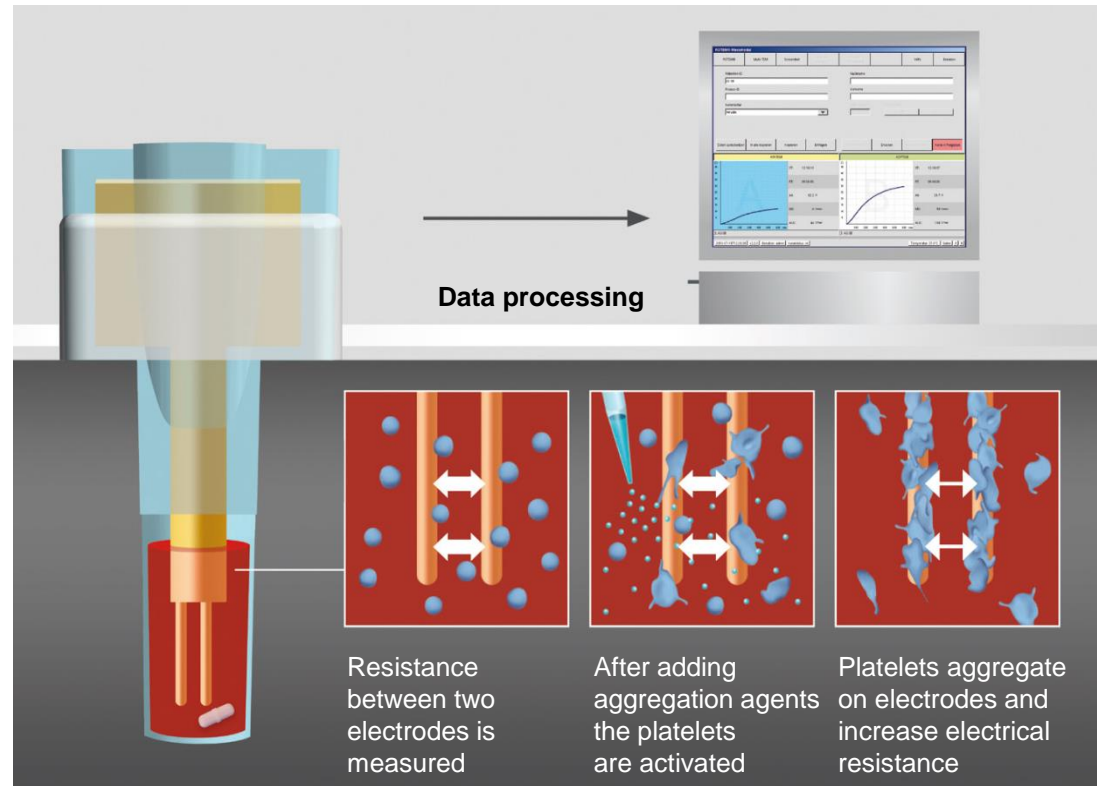
| ROTEM® delta | | Multi-TEM | Screenshot | Standard overlay | Patient overlay | Help | Quit | | | |
|---------------------|----------------------------------|-----------|---|--|-----------------|----------------------------------|-------|--|---|---|
| 1 | 1: kocian, zdenek 3: 350401005 | EXTM |  | ST: 15:08:19 RT: 00:56:30 CT: 71 s [0038 -- 0079] CFT: 708 s [0034 -- 0159] α : 28 ° [0063 -- 0083] A5: 12 mm A10: 19 mm [0043 -- 0065] | 2 | 1: kocian, zdenek 3: 350401005 | INTEM |  | ST: 15:09:29 RT: 00:55:20 CT: 301 s [0100 -- 0240] CFT: 632 s [0030 -- 0110] α : 32 ° [0070 -- 0083] A5: 13 mm A10: 20 mm [0044 -- 0066] | |
| 3 | 1: kocian, zdenek 3: 350401005 | FIBTEM |  | ST: 15:11:55 RT: 00:52:54 CT: 71 s CFT: --- α : --- A5: 4 mm A10: 5 mm [0007 -- 0023] | 4 | 1: kocian, zdenek 3: 350401005 | APTEM |  | ST: 15:13:10 RT: 00:51:38 CT: 73 s CFT: 855 s α : 26 ° A5: 11 mm A10: 17 mm | |
| 5 | 1: kocian, zdenek 3: 350401005 | TRAPTEM |  | ST: 15:30:38 RT: 00:06:00 A6: 6 Ω [0014 -- 0036] MS: 2 Ω/min [0005 -- 0014] AUC: 17 Ω*min [0055 -- 0154] | 6 | 1: kocian, zdenek 3: 350401005 | ADPTM |  | ST: 15:25:05 RT: 00:06:00 A6: 4 Ω [0012 -- 0029] MS: 2 Ω/min [0003 -- 0010] AUC: 9 Ω*min [0040 -- 0112] | |
| 2014-10-16T16:04:49 | | v2.4.1 | User: admin | Temperature: 37.0°C | | | | Dil | A | B |

ROTEM[®] platelet testy

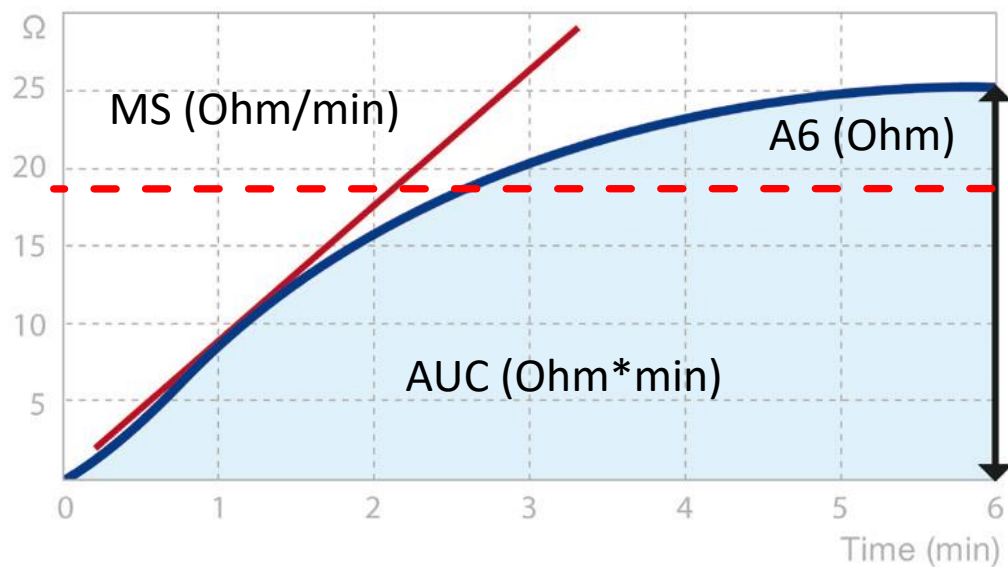


PLATELET

- Impedanční agregometrie
- Plná krev, antikoagulovaná



Křivky



- 3 Parametry:

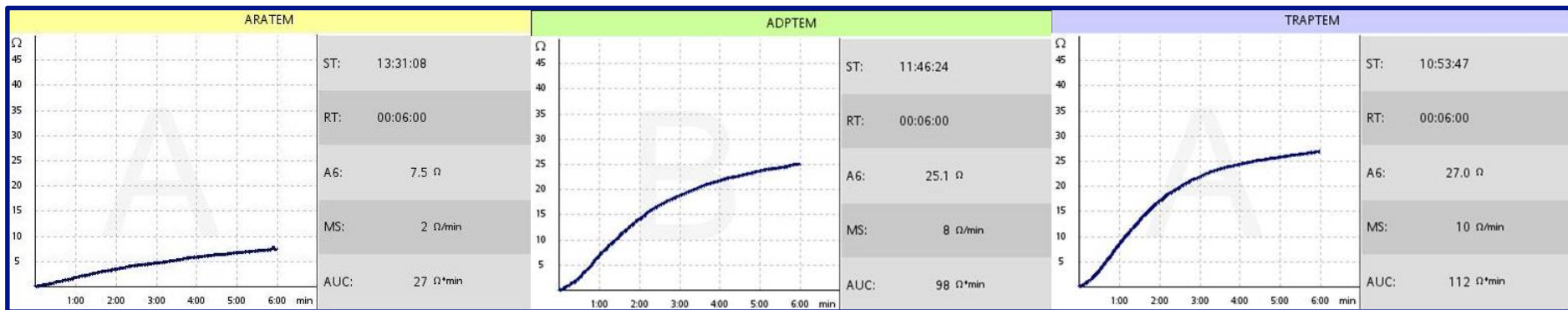
- A6; AUC a MS

- A6 - celkový rozsah agregace

- MS - (maximal slope) rychlost agregace

AUC – celková agregační schopnost, hlavní parametr

Case 1

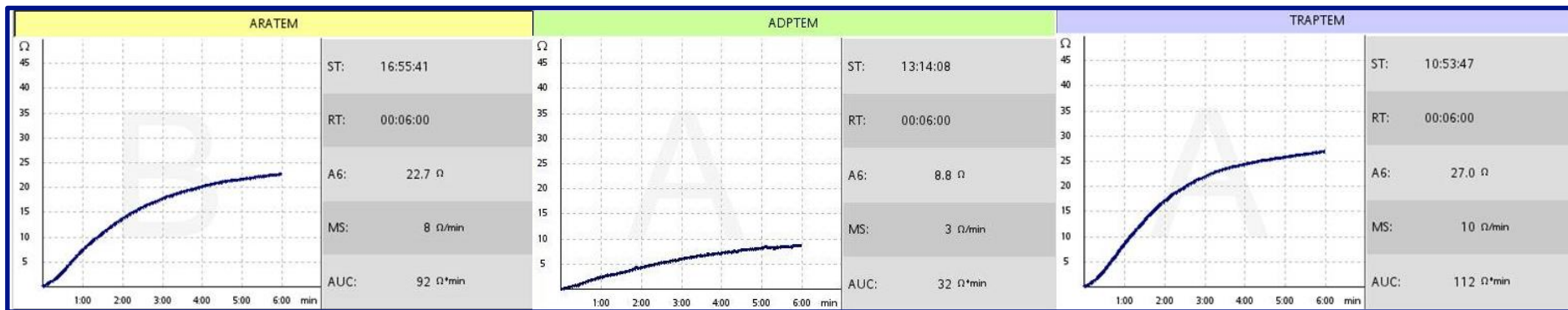


ARATEM: low platelet aggregation.

ADPTEM and **TRAPTEM:** in normal range.

- e.g. detection of cyclooxygenase inhibitors (Aspirin[®])

Case 2

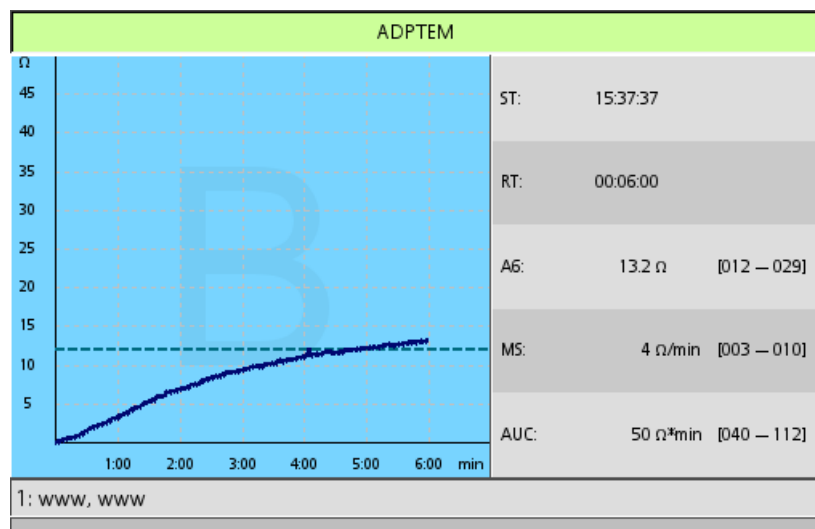
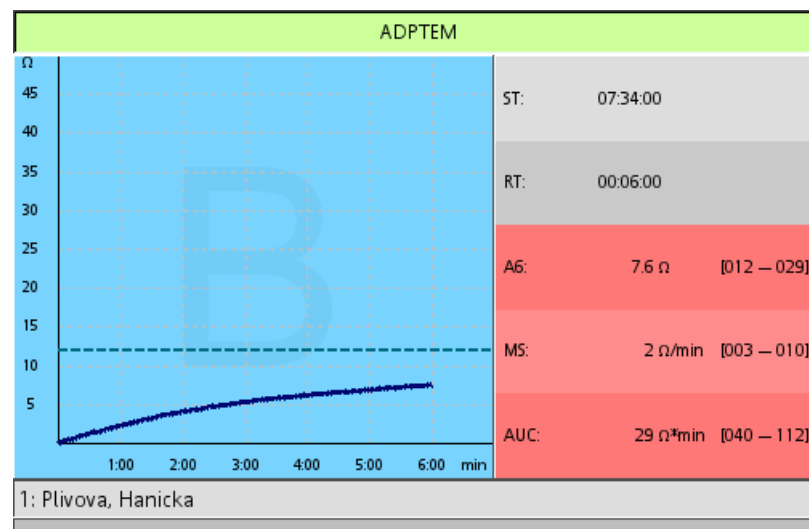
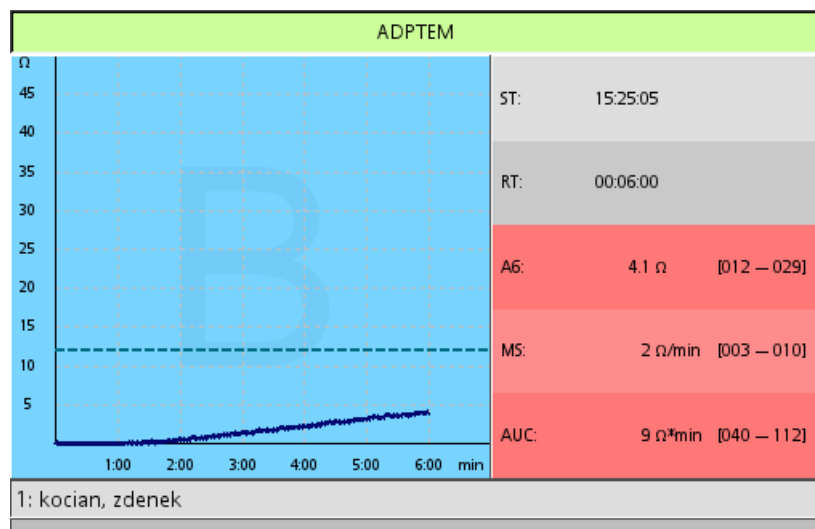


ADPTEM: low platelet aggregation.

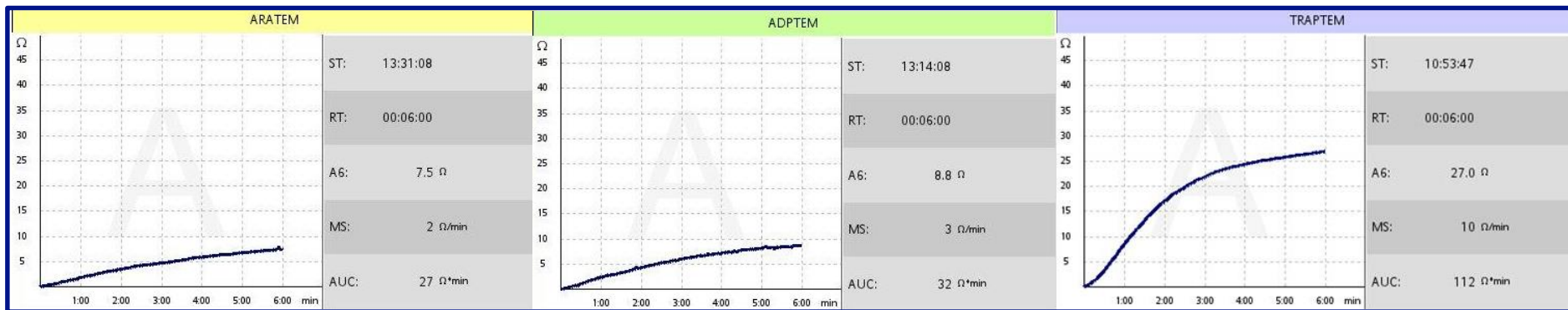
ARATEM and **TRAPTEM**: in normal range.

- ADP receptor blockage (Clopidogrel)

ADPTEM – blok ADP



Case 3

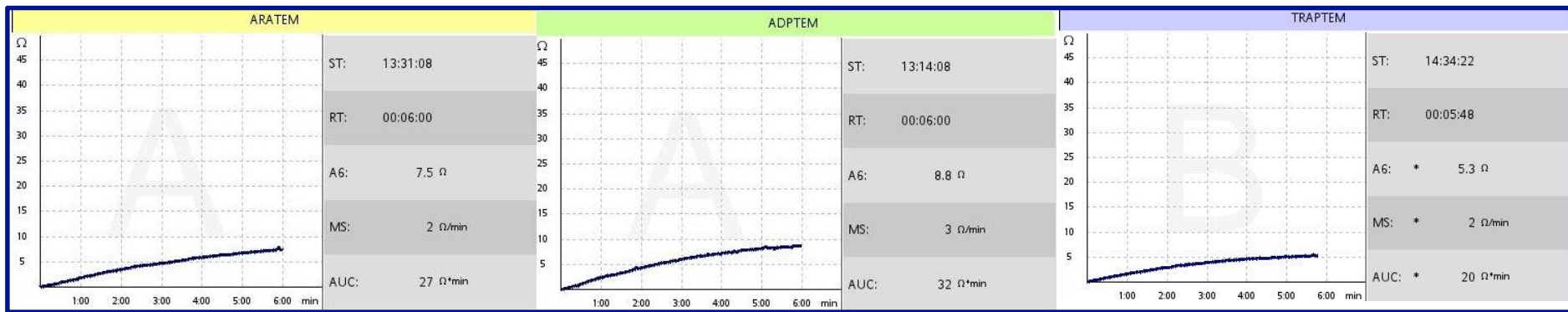


ARATEM and **ADPTEM**: low platelet aggregation.

TRAPTEM: in normal range.

- **dual therapy** Aspirin and Clopidogrel

Case 4



TRAPTEM, ARATEM and ADPTEM: all show low platelet aggregation.

- GPIIb/IIIa receptor antagonist (Abciximab - REOPRO)
- high sensitivity in others detection site due strong effect antagonist on GP IIb/IIIa recetor



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- Reduced platelet activity is associated with early haematoma growth, more intraventricular haemorrhage and worse three-month outcome following ICH. **1C**
- We recommend discontinuing dual antiplatelet therapy before urgent intracranial neurosurgery or in major bleeding. **1B**



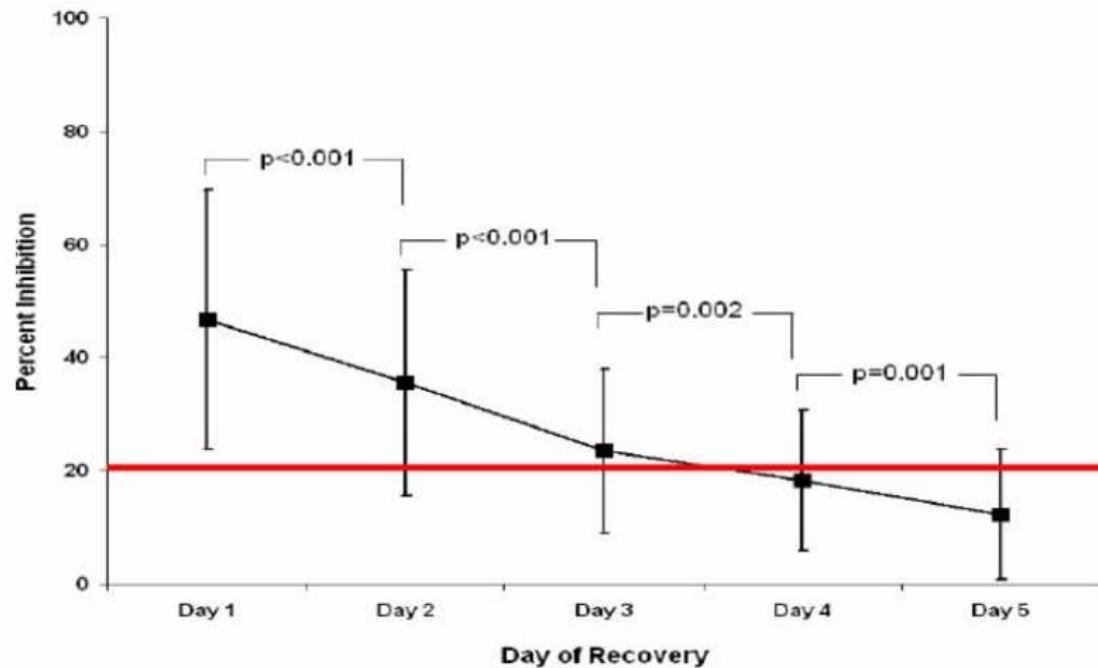
- Where **aspirin** withdrawal is considered, we recommend a time interval of 5 days. **1C**

ASPIRIN FOREVER

- **Clopidogrel** increases perioperative bleeding. In cases of increased bleeding risk, we recommend that it should be withdrawn for no more than 5 days. **1C**
- **Prasugrel** increases perioperative bleeding. In cases of increased bleeding risk, we recommend that it should be withdrawn for no more than 7 days. **1C**



Decay of Clopidogrel in time, Price et al., Am. Journal of Cardiology 2006





- We suggest that platelet transfusion should be considered (two standard concentrates) in cases of intra- or postoperative bleeding clearly related to antiplatelet therapy. **2C**
- Platelet transfusion may be ineffective for treating bleeding clearly related to ticagrelor when given 12 h before. **2C**



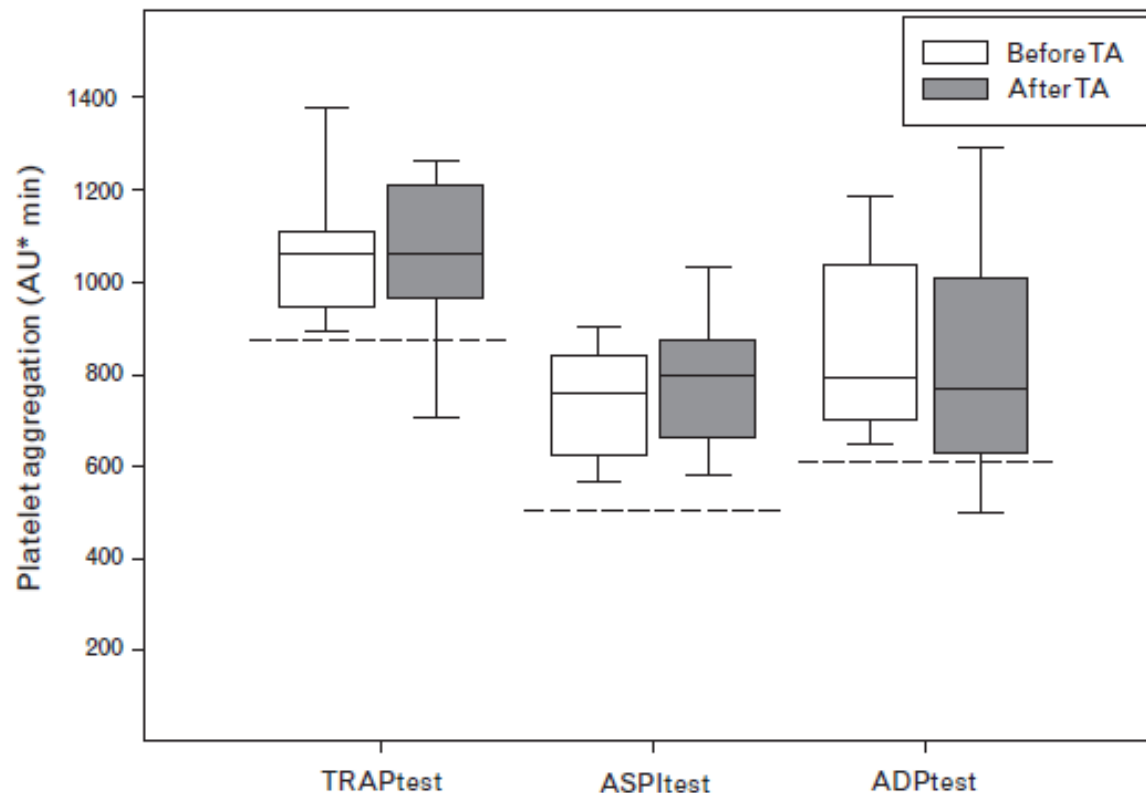
Terapeutický postup I.

- Vždy ověřit opravdovou funkčnost **PLATELET** (časté rezistence)
- Optimalizace koagulace + TXA
- Interakce fibrinogen/trombocyty - **ROTEM**
- Nepodávat Interagující léky (SSRI, statiny, betalaktamy, ...)
- **U pacientů bez či s malou alterací oběhu zvážit Desmopresin**
- **U pacientů s oběhovou nestabilitou primárně 1-2TU trombocytů z aferezy**
(POC kontrola po podání 1 TU)
- **Vždy dostatečná hladina Fibrinogenu !!!**



Tranexamic acid partially improves platelet function in patients treated with dual antiplatelet therapy

Christian F. Weber, Klaus Gorlinger, Christian Byhahn, Anton Moritz, Alexander A. Hanke, Kai Zacharowski and Dirk Meininger



ASA+Clopidogrel



Terapeutický postup II.

- **Blokátory glykoproteinových receptorů IIb/IIIa**
- Integrilin – reverzibilní (**Eptifibatide**) **Min. 2-6h** poločas eliminace
- Reopro – ireverzibilní (**Abciximab**) ! **Min. 12h**
- **Při podání trombocytů dojde k redistribuci agens, nicméně klesá účinnost**
- Doporučeno vyčkat spont. eliminace, ev. CRRT, ev. Desmopresin
- **CAVE: při substituci silná redistribuce i u Ticagreloru do 12h od podání**
- Při podání trombonáplavu nezbytné **vyčkat doby aktivace trombocytů min. 15-20min !**



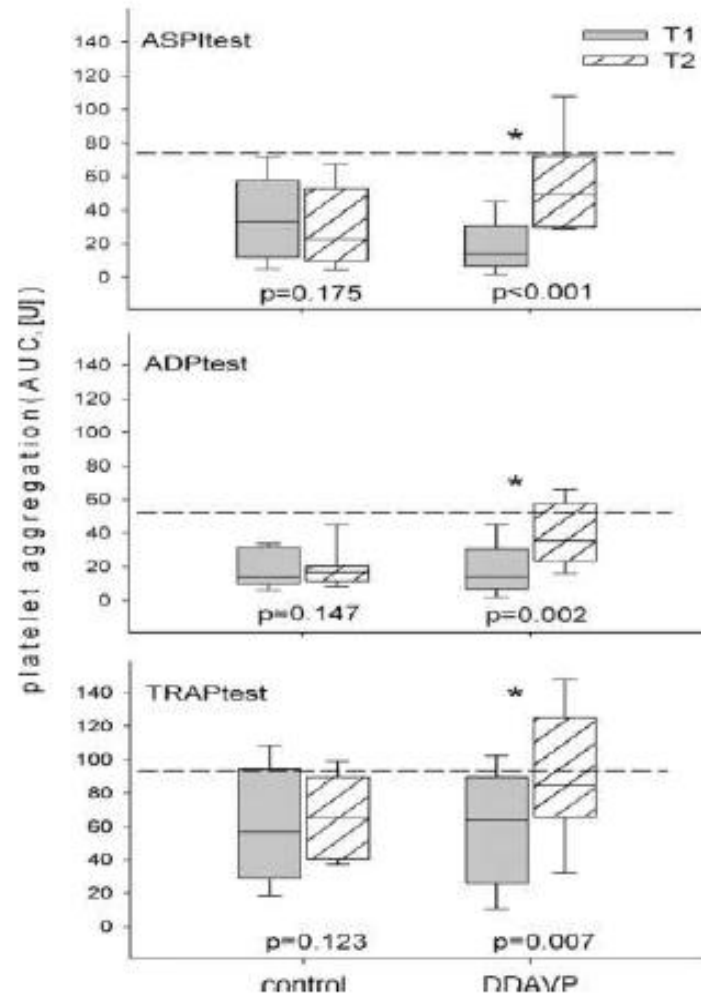
OFF label - Desmopresin

- Zlepšení adheze/agregace trombocytů pomocí vyplavení VW faktoru
- Desmopresin (**Octostim**) 0,3ug/kg i.v. v 50 ml FR 1/1 na 30-40 min (dle tolerance pac.)
- Možno zopakovat po 12h
- NÚ: tachykardizuje, vazodilatace, flush obličeje (opatrně u šokového stavu)
- Možná přechodná oligo-anurie



Desmopresin efficacy in primary hemostasis

Weber C F et al. Anesth Analg 2010;
110:702-707



Děkuji a příjemný kongres

